

AL Amyloidosis

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Disclosures

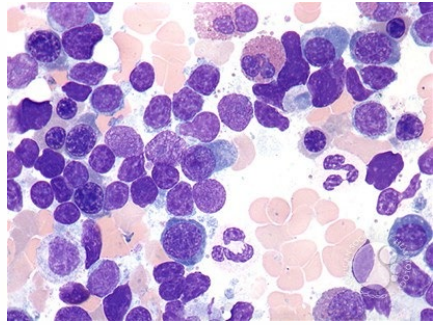
- Research Funding

- NIH
- Janssen
- Lloyd Foundation
- Sidewater Family Fund
- MacKenzie's Mission
- Myeloma and Amyloid Research Fund
- Alexion

- Consultant/Advisor

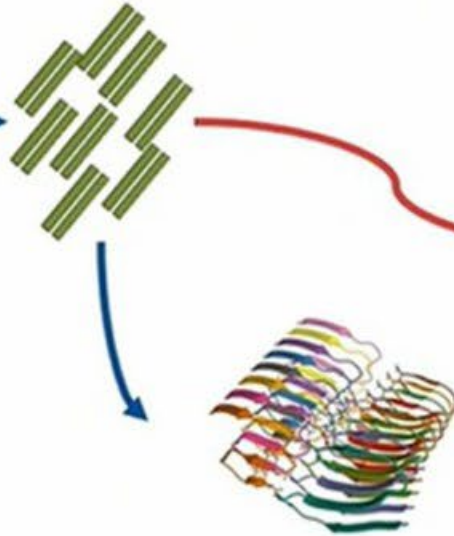
- Caelum
- Janssen
- Sanofi

Light-chain Amyloidosis (AL)

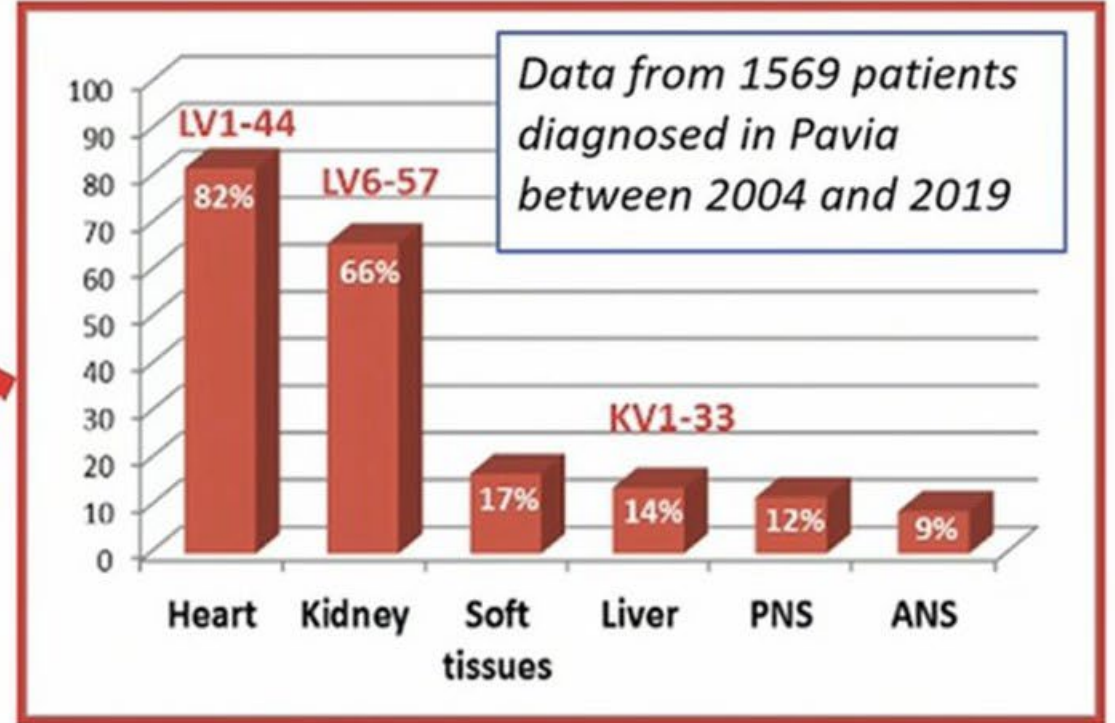


Waldenstrom macroglobulinemia

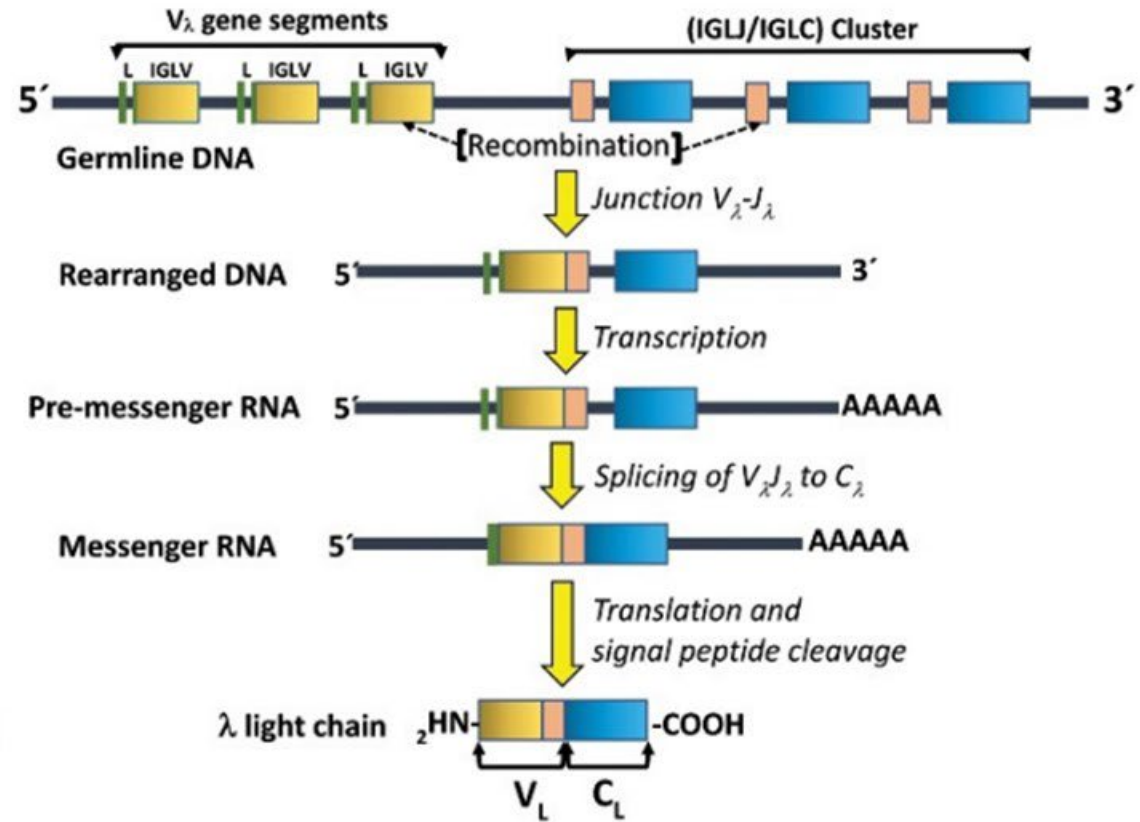
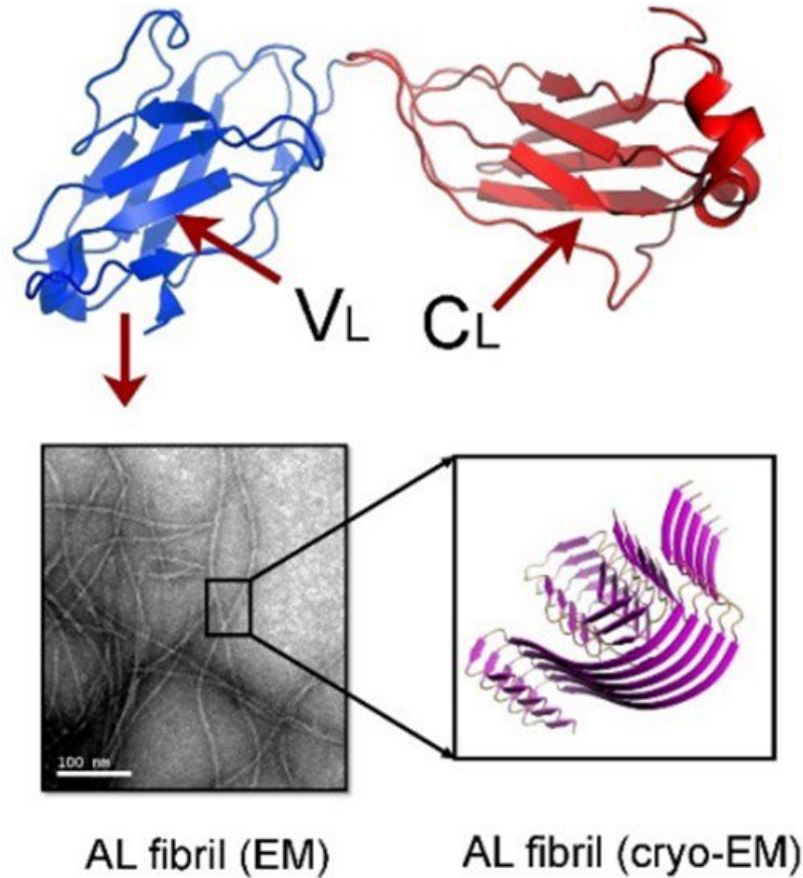
Amyloid light chain

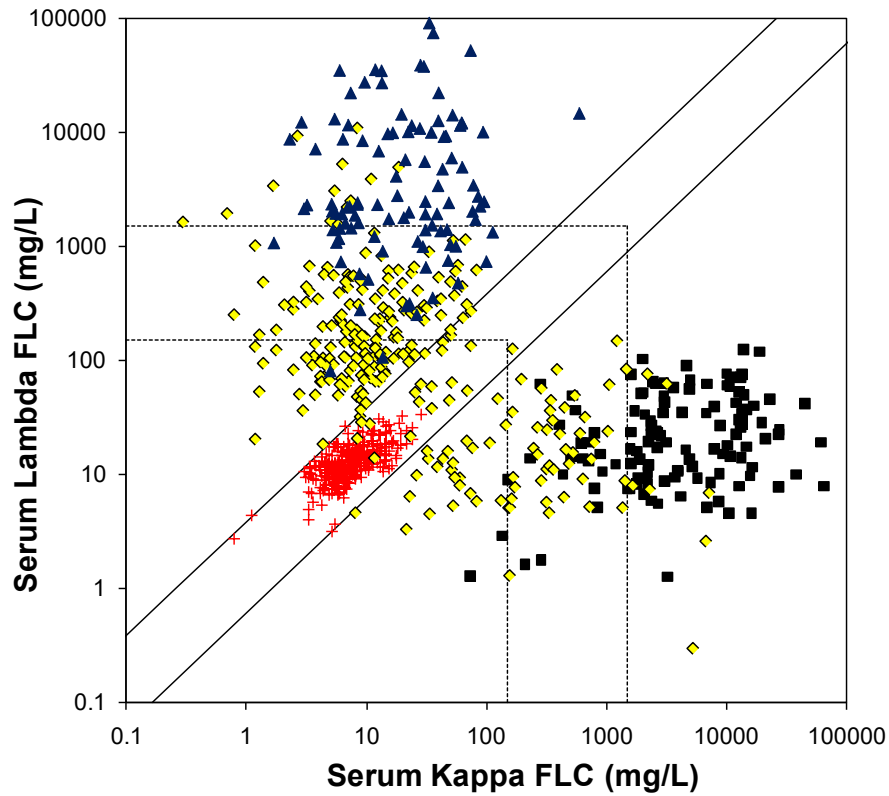


Amyloid deposits



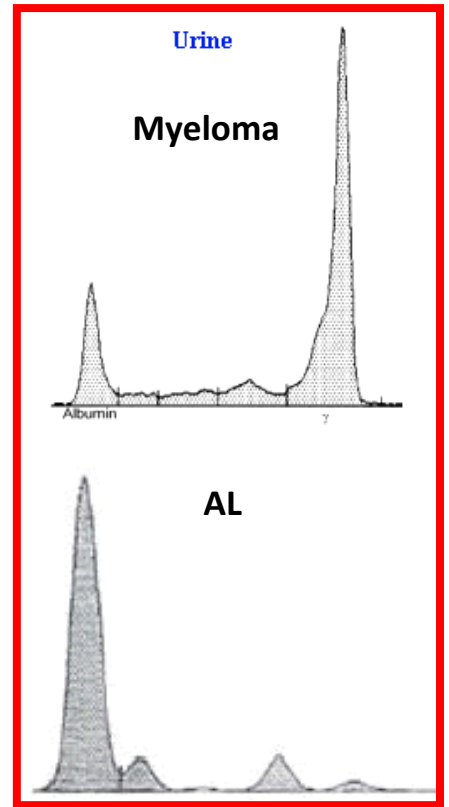
Light-chain Amyloidosis (AL)



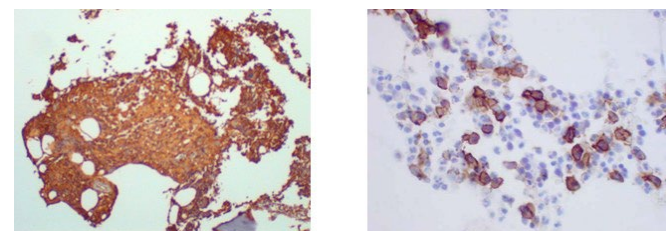


+ Normal Sera
 ■ Kappa LCMM
 ◆ AL Amyloid
 ▲ Lambda LCMM

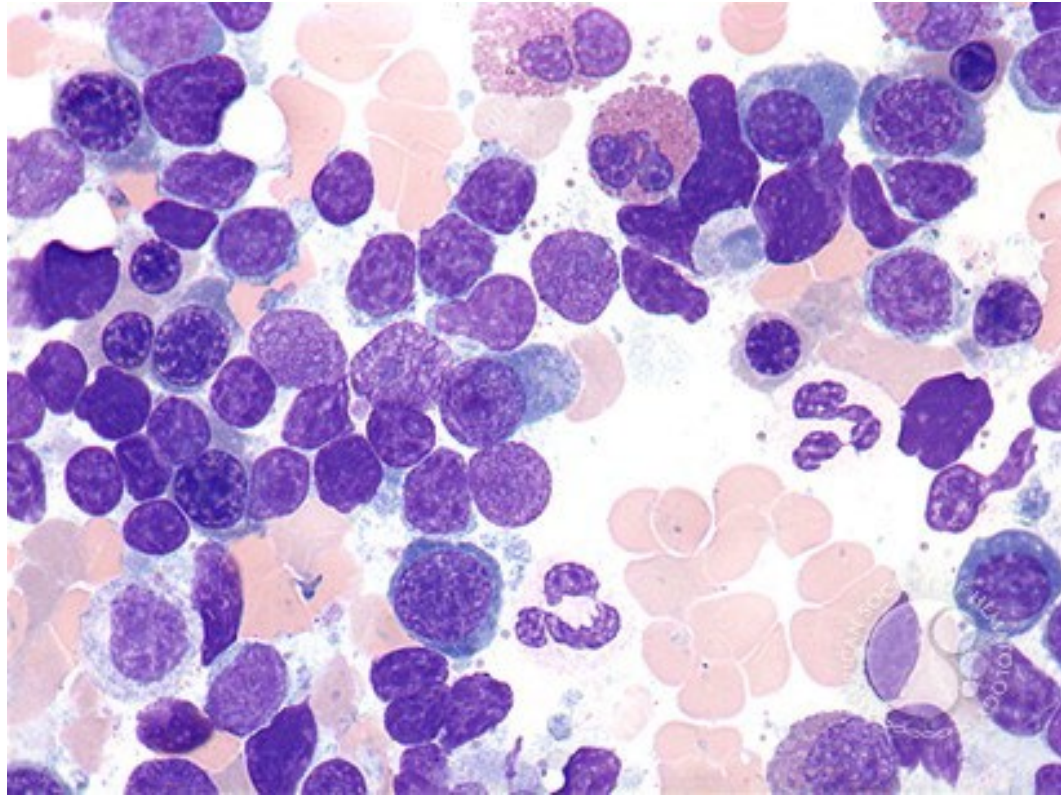
Involved Free Light Chain (*iFLC*)
 iFLC minus uninvolved FLC (*dFLC*)



	<u>MM (%)</u>	<u>AL (%)</u>
t(11;14)	21	59
gain 1q	10	23
t(4:14)	14	3
del 13q	48	30
del 17p	11	2

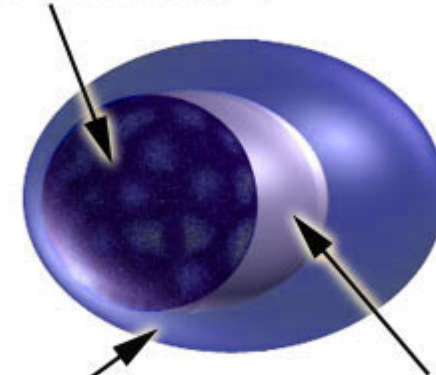


Br J Haematol 2003;122 :78
 Blood 2007;109:3489
 Blood 2008;111:4700
 Amyloid 2014; 21: 9



PLASMA CELL

Round, eccentric nucleus
with coarse chromatin
(may have "clock face")



Abundant basophilic
cytoplasm

Prominent perinuclear
hof (clearing)

10 μ m

Rashidi H MD, Nguyen J MD et al. HematologyOutlines.com



Macroglossia (14%)



Periorbital purpura (11%)

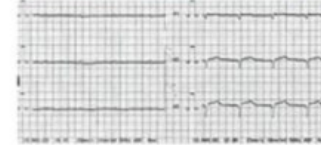
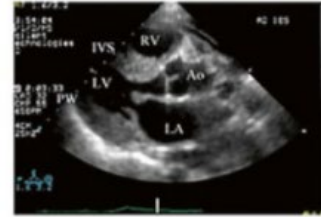


Submandibular swelling (15%)



Shoulder pad (4%)

Heart involvement (60%)



↑ BNP, NT-proBNP, cTn

Liver involvement (25%)
Hepatomegaly
↑ ALP

Carpal tunnel syndrome

Peripheral neuropathy (20%)

Dysautonomia

Fatigue

Anorexia

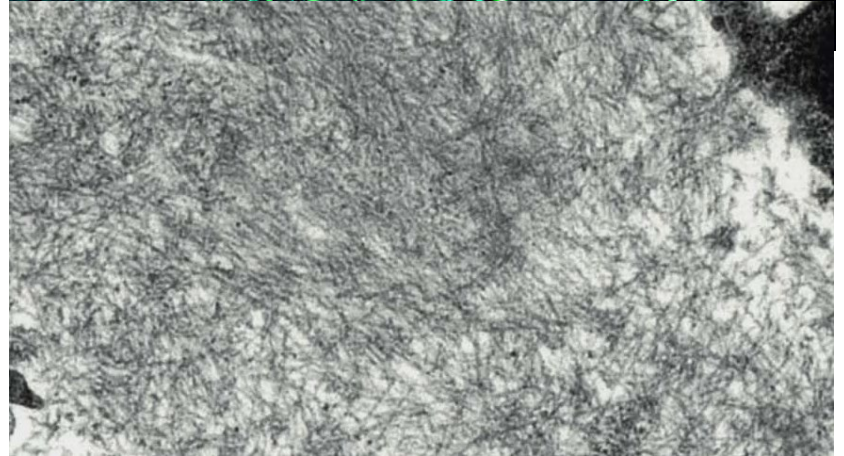
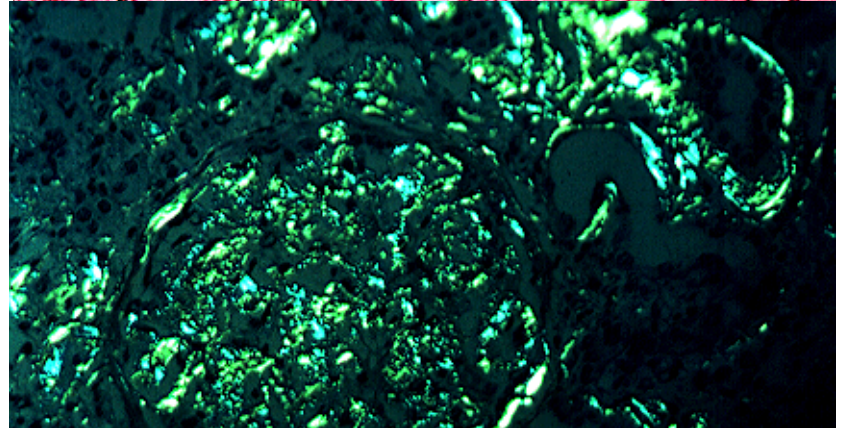
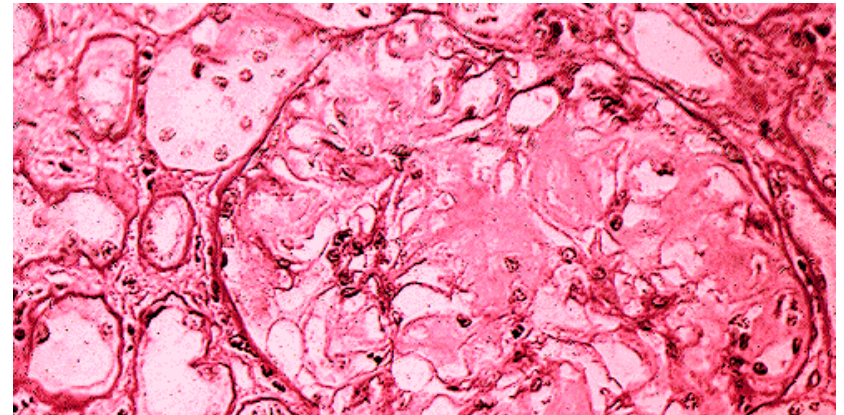
Weight loss

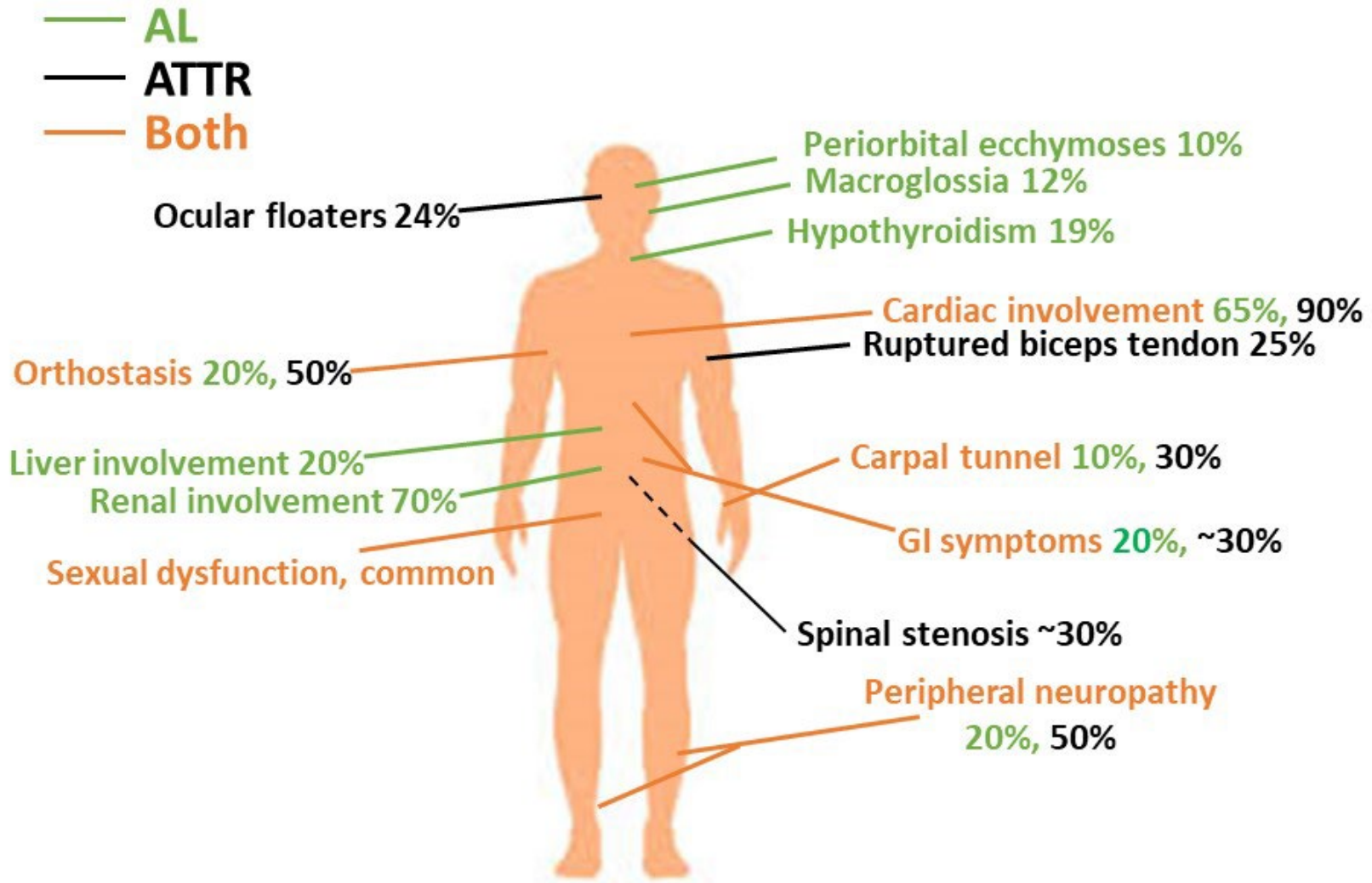
Factor X deficiency



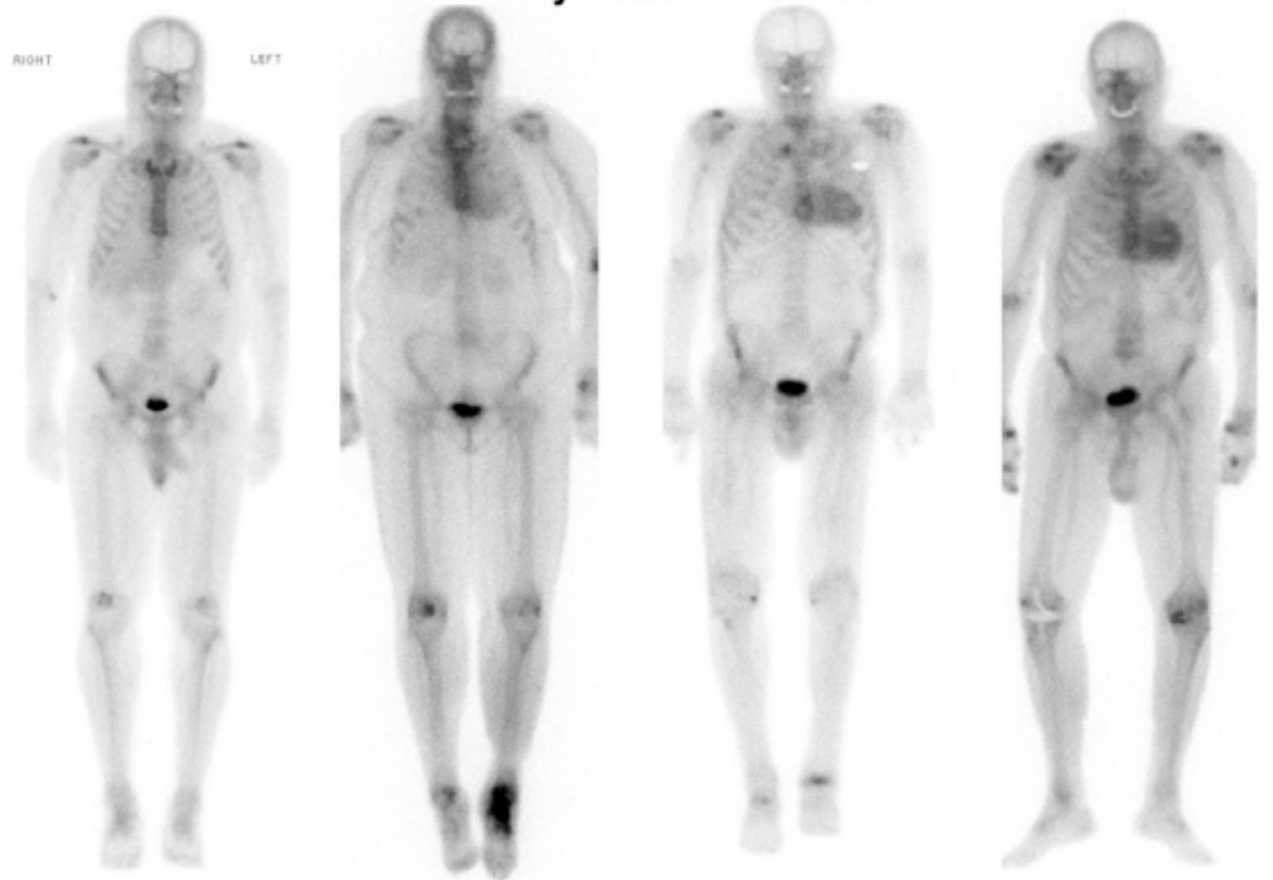
Nail lesions (3%)

Kidney involvement (70%)
Proteinuria
Nephrotic syndrome
ESRD





Whole body Planar ^{99m}Tc-PYP



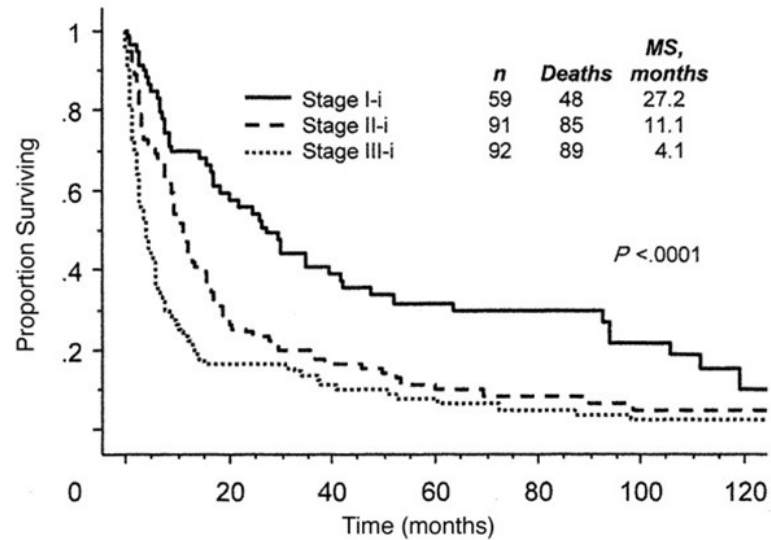
SPECT-^{99m}Tc-PYP



A. Grade 0 B. Grade 1 C. Grade 2 D. Grade 3

Systemic AL: Staging

Cardiac



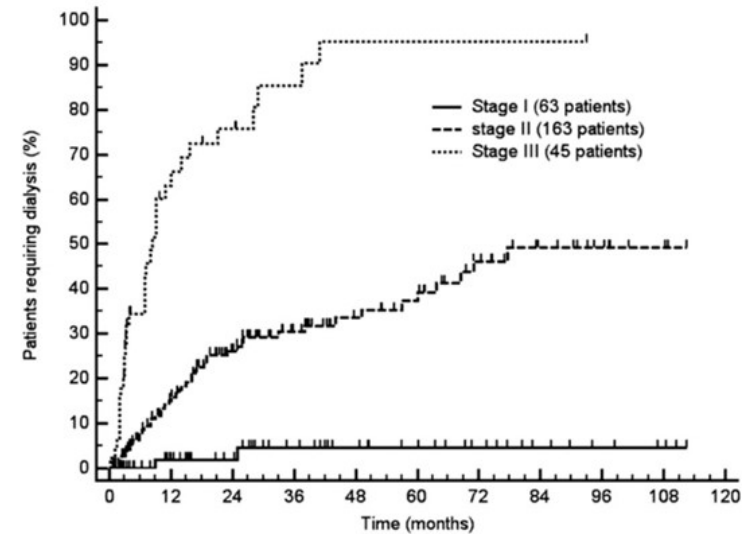
JCO 2004;22:3751

One point for each if
 FLC-diff > 180 mg/L
 cTnT ≥ 0.025 ng/mL
 NT-proBNP ≥ 1,800 pg/mL

Score	Stage	% (N)	Overall survival (months)
0	I	25 (189)	94.1
1	II	27 (206)	40.3
2	III	25 (186)	14
3	IV	23 (177)	5.8

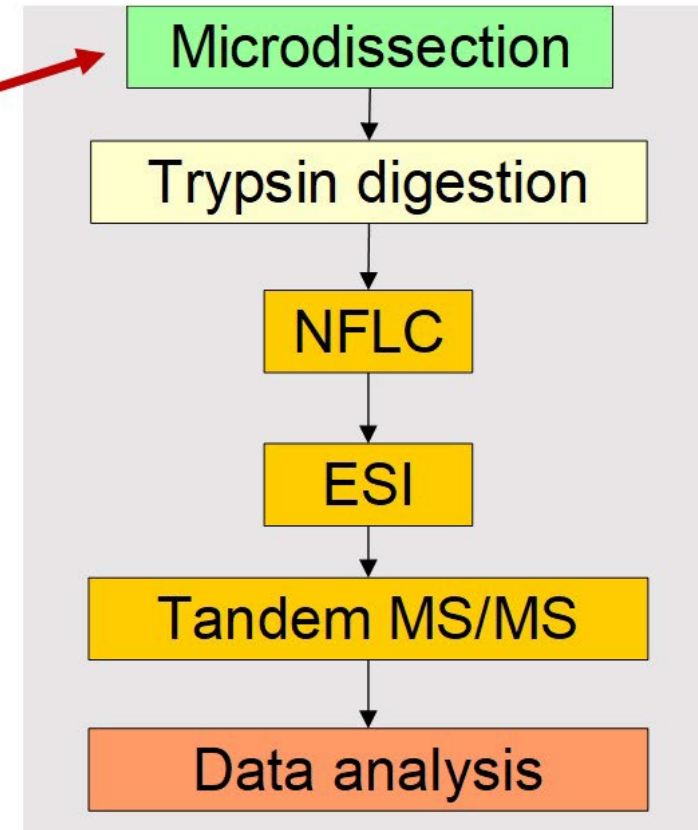
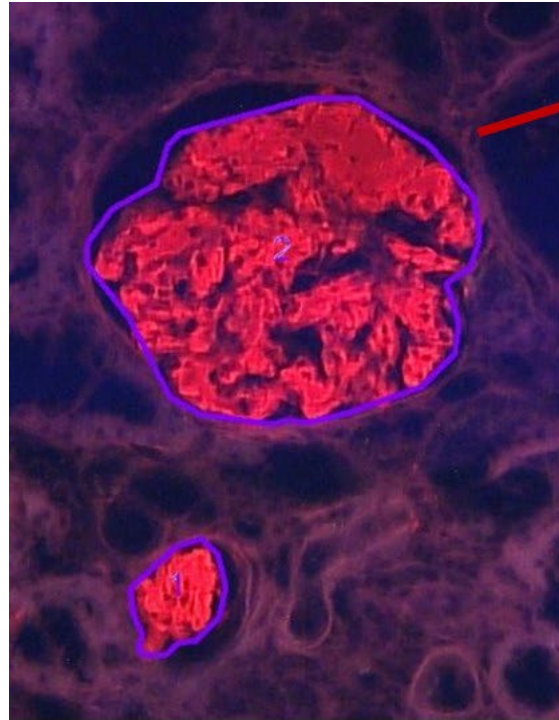
JCO 2012;30:989-995

Renal



Blood 2014;124:2325

Laser Microdissection and Mass Spec



NFLC=nano flow liquid chromatography

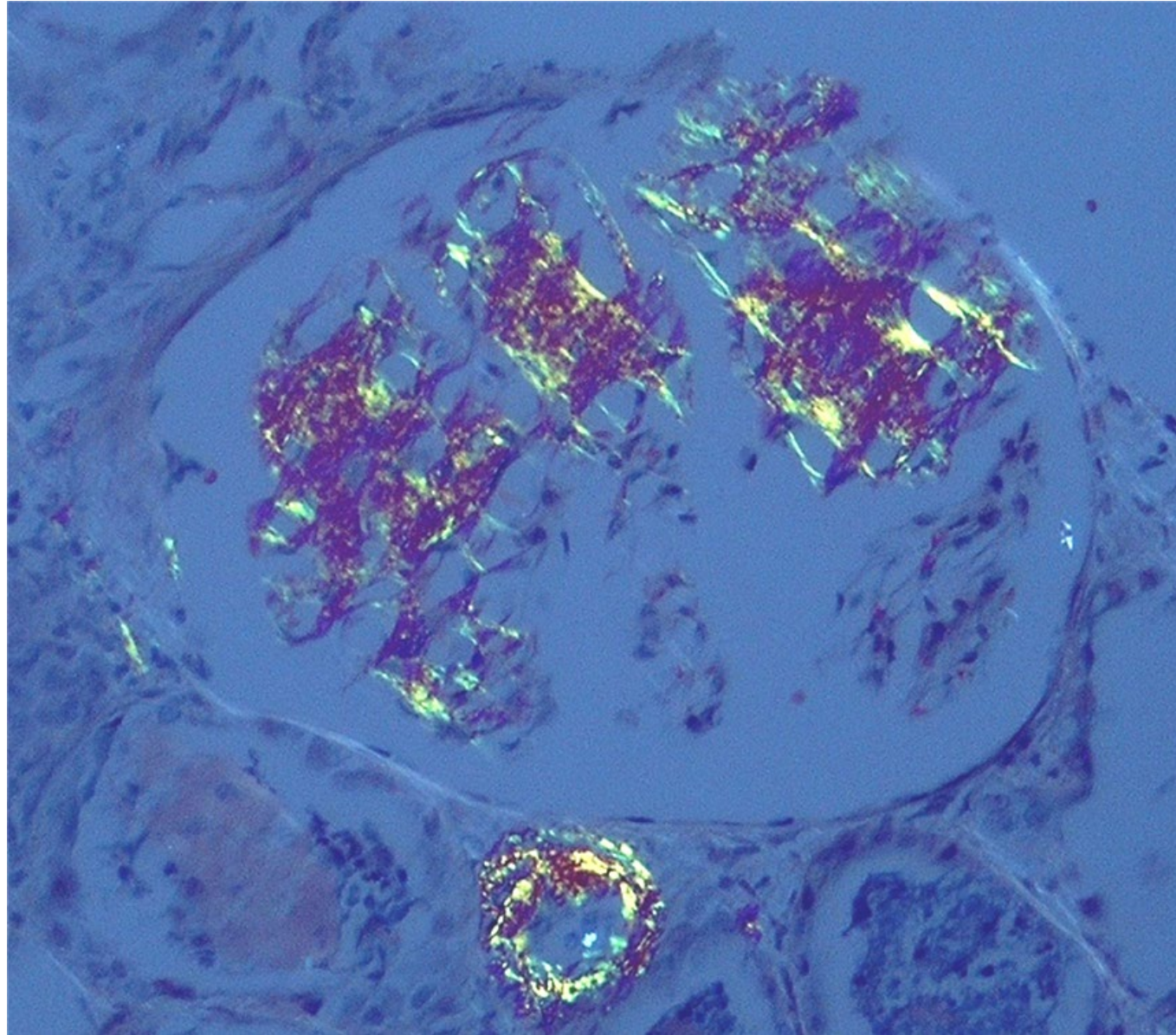
ESI=electrospray ionization

Courtesy of Ahmet Dogan, MD

#	Visible?	Starred?	MS/MS View: Identified Proteins (47)	Accession Number	Molecular Weight	Neg. control	Sample 1	Sample 2	Sample 3	Sample 4
Probability Legend: <div style="display: flex; flex-direction: column; gap: 5px;"> <div style="background-color: #90EE90; padding: 2px; text-align: center;">over 95%</div> <div style="background-color: #FFFF00; padding: 2px; text-align: center;">80% to 94%</div> <div style="background-color: #FFD700; padding: 2px; text-align: center;">50% to 79%</div> <div style="background-color: #FF6347; padding: 2px; text-align: center;">20% to 49%</div> <div style="background-color: #FFFFFF; padding: 2px; text-align: center;">0% to 19%</div> </div>										
1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	★ Apolipoprotein E precursor - Hom... APOE_HUM...	APOE_HUM...	36 kDa		42	41	12	24
2	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Actin, cytoplasmic 1 - Homo sapie... ACTB_HUM...	ACTB_HUM...	42 kDa		40	34	13	22
3	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Vimentin - Homo sapiens (Human... VIME_HUM...	VIME_HUM...	54 kDa		24	19	7	13
4	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Hemoglobin subunit beta - Homo ... HBB_HUMAN	HBB_HUMAN	16 kDa		19	18	8	15
5	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Vitronectin precursor - Homo sapi... VTNC_HUM...	VTNC_HUM...	54 kDa		17	16	9	10
6	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Apolipoprotein B-100 precursor - ... APOB_HUM...	APOB_HUM...	516 kDa		31	10	1	
7	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	★ Ig lambda chain C regions - Homo... LAC_HUMAN	LAC_HUMAN	11 kDa		14	17	4	7
8	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Hemoglobin subunit alpha - Homo... HBA_HUMAN	HBA_HUMAN	15 kDa		10	11	3	10
9	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	★ Ig lambda chain V-I region VOR - ... LY101_HU...	LY101_HU...	12 kDa		2	4	0	3
10	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Serum albumin precursor - Homo ... ALBU_HUM...	ALBU_HUM...	69 kDa		8	9	6	6
11	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	☆ Clusterin precursor - Homo sapie... CLUS_HUM...	CLUS_HUM...	52 kDa		8	9	4	5
12	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	★ Serum amyloid P-component pre... SAMP_HUM...	SAMP_HUM...	25 kDa		10	6	1	3

55 year-old man with proteinuria

- 2011: Edema, fatigue, proteinuria, anemia
- 24-hour total urine protein 12,565mg, serum albumin 1.7g/dl, eGFR 111
- Renal biopsy in 11/2011: AL amyloidosis, lambda-type
- Marrow biopsy in 12/2011 showed **lymphoplasmacytic lymphoma**
- **IgM 1565mg/dl**, FLC lambda 44.4mg/L with kappa < 3.3
- Rituximab, cyclophosphamide, dexamethasone every 3 weeks x 8 cycles
- Lambda free light chains normalized after cycle 4 and IgM was reduced by 50%
- Plasma exchange to increase serum albumin to 3.0g/dL
- Stem cell mobilization with cyclophosphamide, rituxan and G-CSF
- BEAM autologous SCT (day 0 8/29/12)
- Post-SCT he completed 20/24 months of rituximab maintenance every 3 months. Diarrhea.
- He has achieved and maintained a hematologic complete response
- He has also achieved a renal response. eGFR > 90, protein:creatinine ratio < 100



Blood 2009;114:3147

2022
4/1

7/1

10/1

2023
1/1

4/1

7/1

10/1

2024
1/1

4/1

7/1

10/1

[Back to Grid](#)

CHEM PROFILE

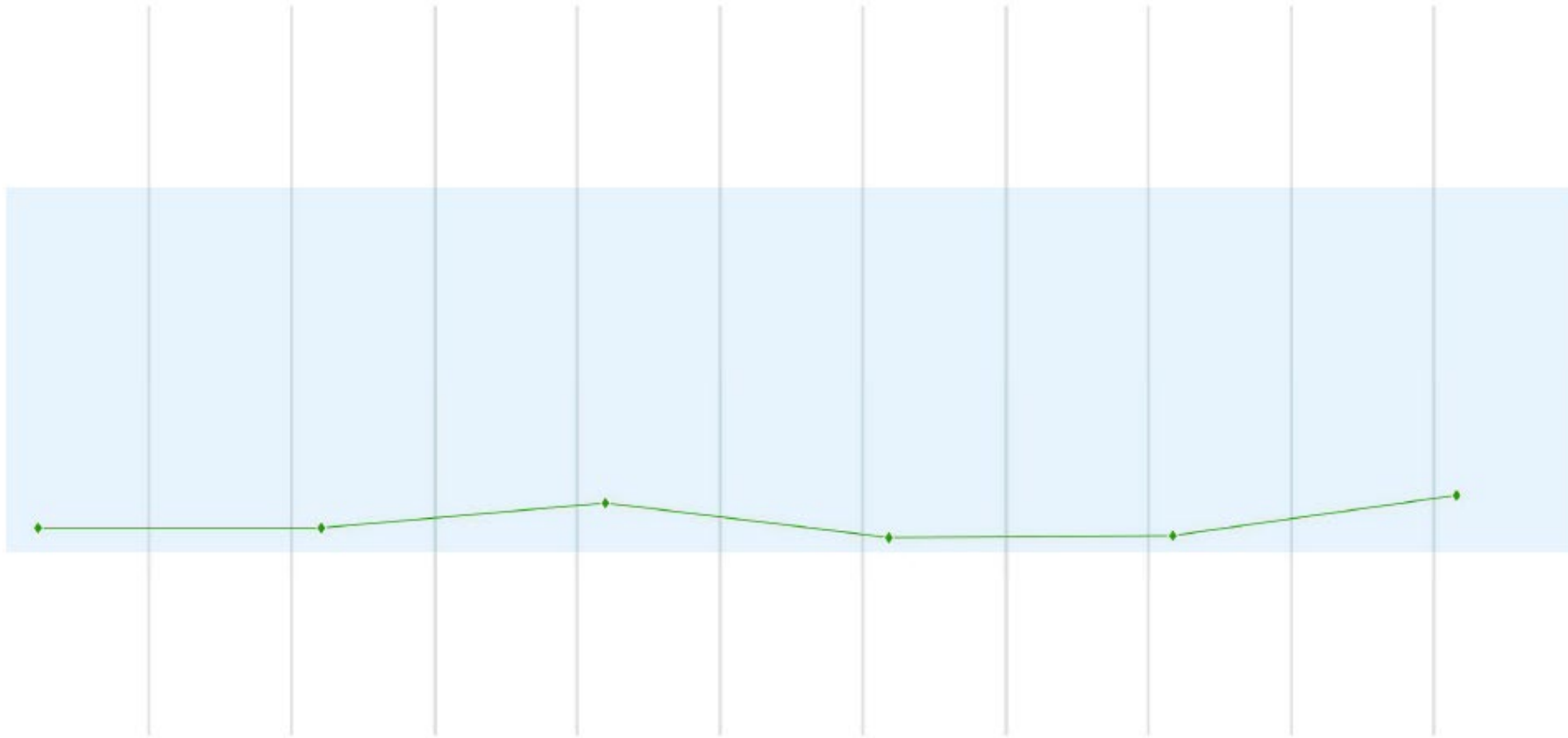
CARDIAC PROFILE

PROTEIN ELP

CBC

AUTOMATED DIFFEREN...

IMMUNOGLOBULI..



99 patients with WM

- Male/female ratio was 1.5
- Median age at diagnosis was 63 years (range, 37–90)
- Forty-one percent required therapy
- Median serum B2M was 2.3 mg/L, median hemoglobin 10 gm/dL, median serum viscosity 1.9 cp, and median platelet count $240 \times 10^9/L$
- Mean sFLC was 131.2 mg/L (95% CI 72–189)
- sFLC correlated with the serum IgM level ($r=0.27$; $p=0.008$).

49 patients with WM+AL

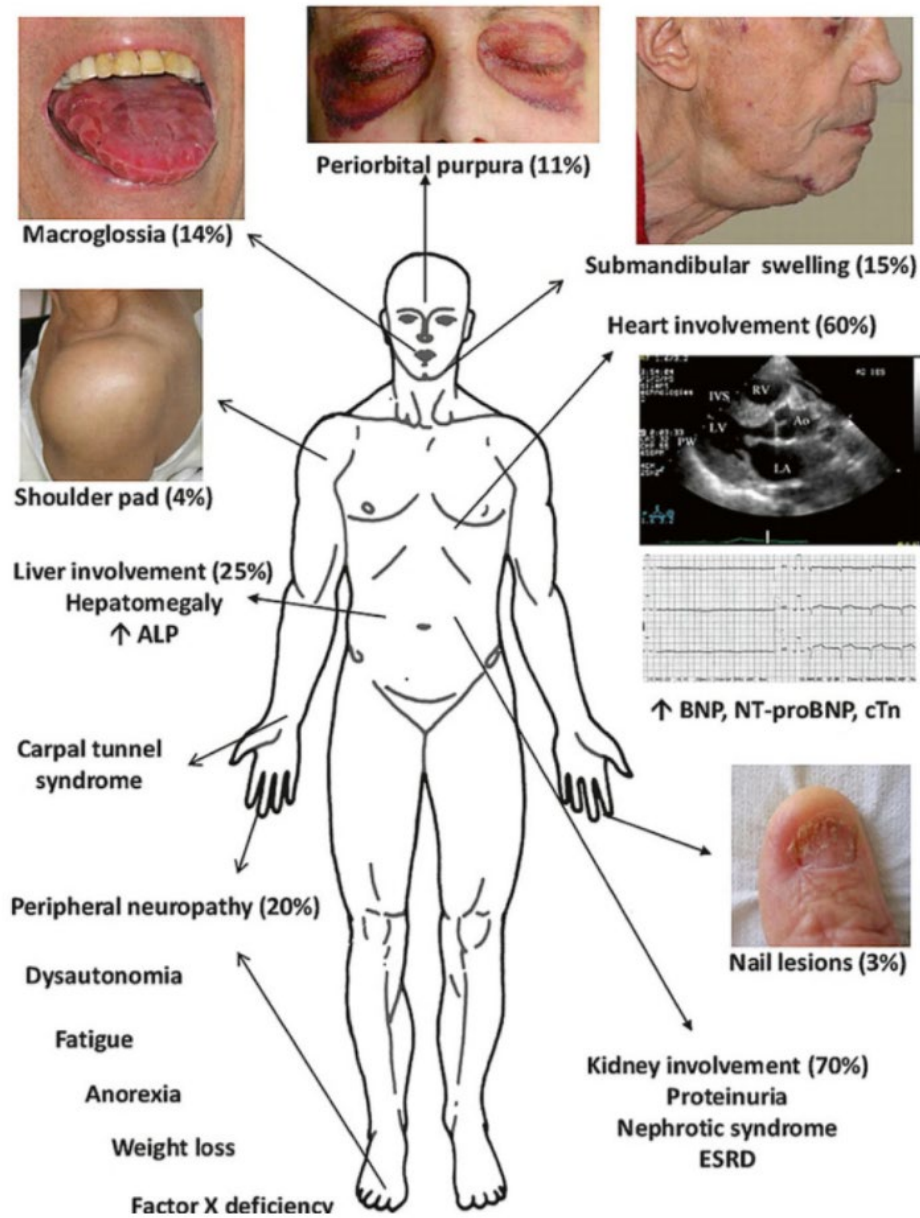
20% had WM+AL at diagnosis

80% had AL diagnosed a median of 3 months after WM (0-201)

24% had AL diagnosed > 5 years after WM

Haematologica 2023;108:1680

Patients' characteristics	All patients (N=49)
Age, years Median (range) >65 years, N (%)	68 (56-86) 30/49 (61)
Sex, N (%) Male Female	27/49 (55) 21/49 (45)
Light chain isotype, N (%) Kappa Lambda	19/49 (39) 30/49 (61)
Hemoglobin level, g/dL Median (range) ≤11.5 g/dL, N (%)	12.4 (9.2-18.1) 13/48 (27)
Platelet count, x10 ⁹ /L Median (range) ≤100 x10 ⁹ /L, N (%)	263 (126-652) 0/48 (0)
β ₂ -microglobulin, mg/L Median (range) >3 mg/L, N (%)	3.2 (1.6-22.2) 26/48 (54)
Serum IgM level, mg/dL Median (range) >4,000 mg/dL, N (%)	1418 (284-5,498) 6/49 (12)
dFLC, mg/L Median (range) >180 mg/L, N (%)	73.7 (5.1-1,333.5) 10/49 (20)
BM involvement by LPL, % Median (range) >10%, N (%)	20 (10-60) 41/48 (85)
Tumor genotype, N (%) <i>MYD88</i> mutation <i>CXCR4</i> mutation t(11;14)	17/21 (81) 3/9 (33) 0/27 (0)



Patients' characteristics	All patients (N=49)
Urine protein excretion, mg/24 h Median (range) >5,000 mg/24 h, N (%)	655 (0-14,064) 13/48 (27)
Alkaline phosphatase, IU/L Median (range) >150 IU/L, N (%)	91 (36-924) 8/47 (17)
Brain natriuretic peptide, pg/mL Median (range) >81 pg/mL, N (%)	77 (3-2,163) 23/48 (48)
NT-pro-BNP, pg/mL Median (range) >332 pg/mL, N (%)	554 (62-5,732) 13/22 (59)
Troponin I, ng/mL Median (range) >0.1 ng/mL, N (%)	0.012 (0.006-0.599) 4/48 (8)
BU cardiac stage, N (%)	
I	25/48 (52)
II	19/48 (40)
III	4/48 (8)
IPSSWM stage, N (%)	
Low	12/48 (25)
Intermediate	31/48 (65)
High	5/48 (10)
Organ involvement, N (%)	
Renal	25/49 (51)
Cardiac	17/49 (35)
Peripheral nervous system	16/49 (33)
Autonomic nervous system	10/49 (20)
Gastrointestinal	8/49 (16)
Lymph node	8/49 (16)
Pulmonary	7/49 (14)
Skin/soft tissue	7/49 (14)
Hepatic	3/49 (6)

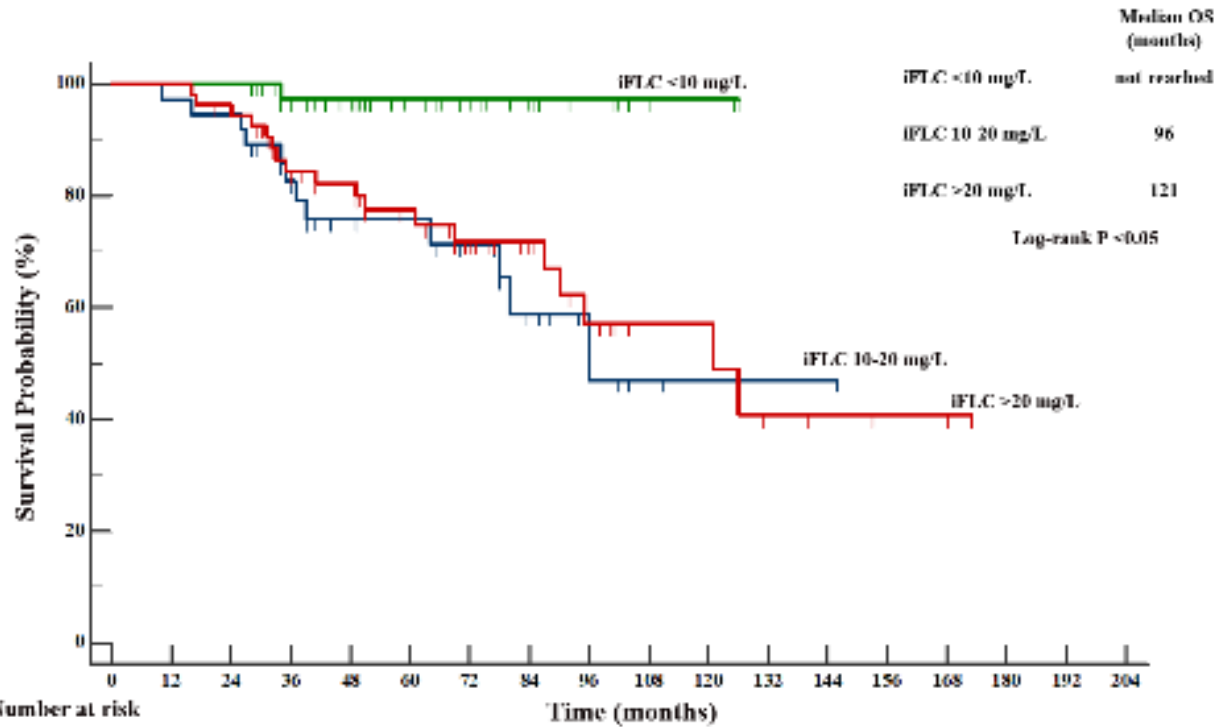
At Diagnosis

- Cardiac symptoms
 - NT-proBNP, hs Troponin T
 - Echo, EKG
- Proteinuria or unexplained worsening of renal function
- Unexplained enlargement of the liver
- Dizziness on standing & orthostatic vital signs
- Unexplained peripheral neuropathy
- Free light chains
- Fat pad aspirate, bone marrow biopsy, stained with Congo red

In Follow Up – Every 6 to 12 months

- Symptom changes
- Changes in functional status
- Weight loss
- Not just the IgM - Free light chains & trend them
- Fat pad aspirate, bone marrow biopsy, stained with Congo red
- Involved organ biopsy
- Previous bowel biopsies

OS with iFLC Response < 10mg/L



SCT
Bortezomib
Daratumumab

Goals remain:

Preserve organ
function

Maintain QOL

Achieve MRD

Long-term survival

	0	12	24	36	48	60	72	84	96	108	120	132	144	156	168	180	192	204
iFLC <10 mg/L	42	42	42	35	29	21	14	10	6	2	2	0	0	0	0	0	0	0
iFLC 10-20 mg/L	37	36	35	24	18	17	14	8	4	2	1	1	1	0	0	0	0	0
iFLC >20 mg/L	54	54	50	40	37	29	21	16	11	7	7	4	3	2	1	0	0	0

Many Known Unknowns

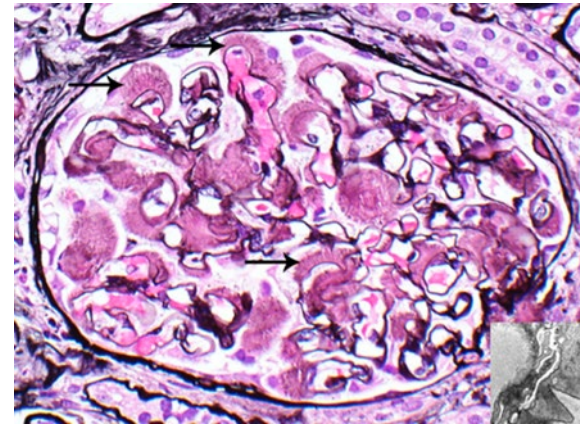
- Pathology
- Gene Expression Profiles
- Light-chain Tropism
- Reversal of Proteinuria
- Irreversible Renal Damage
- Dual Organ Connections
 - Heart & Kidney
 - Liver & Kidney
- Post-renal transplant hematologic maintenance

Clin J Am Soc Nephrol 2013;8: 1515

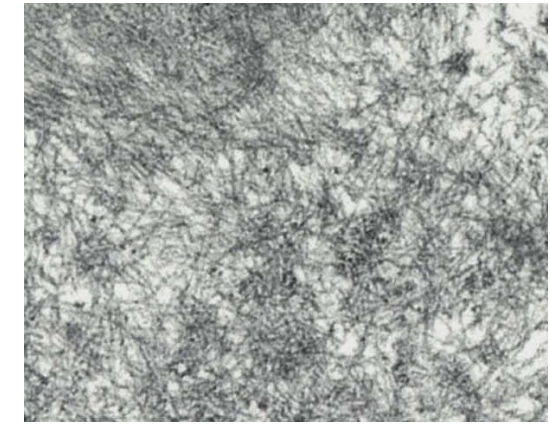
Br J Haematol 1999;106:744

Blood 2021;138 (S 1): 2715

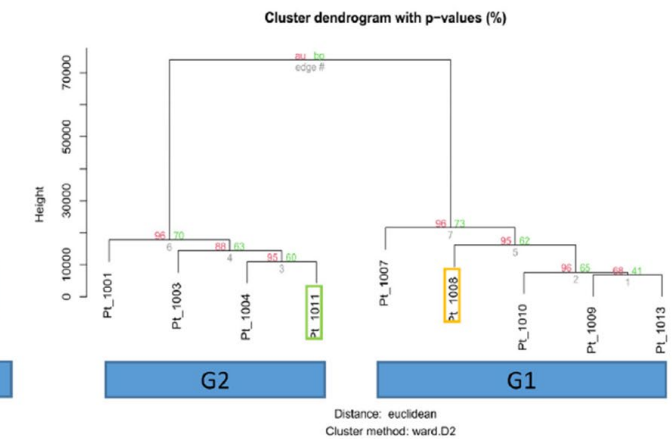
Kidney Int Rep DOI:10.1016/j.ekir.2024.07.002



a Glomerular Compartment



b Tubular Interstitial Compartment



- Unsupervised hierarchical clusters

Advances in Therapy and Better Outcomes

Survivorship comes at a price

- **SCT**
 - MEL 200
 - MEL 140 for ESRD Patients on HD
 - SCT post-solid organ transplant
- **Bortezomib**
 - VCD (CyBorD)
- **Burden of Survivorship: MRD and PET/CT every 1 to 2 years**
- **Immunotherapies being studied**
- **BITEs**
 - Teclistamab
 - Elranatamab
 - Talquetamab
- **CAR-T cells**
 - Nexcella
 - Cilta-cel
 - Ide-cel

Acknowledgements

Patients and their families

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